

Nutrition Facts

Serving Size 2

1 Scoop (26.35g)

Servings Per Container 26

Amount Per Serving

Calories	330.00	Calories from Fat	100.00
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%Daily Value*

Total Fat	11.00 g	17%
Saturated Fat	0.90 g	5%
Trans Fat	0.00 g	
Polyunsaturated Fat	0.00 g	
Monounsaturated Fat	0.00 g	
Cholesterol	0.00 mg	0%
Sodium	61.00 mg	3%
Potassium	16.00 mg	0%

Total Carbohydrate	44.00 g	15%
Dietary Fiber	6.00 g	24%
Sugars	2.00 g	
Protein	14.00 g	28%

Vitamin A	0%	•	Vitamin C	0%
Calcium	0%	•	Iron	2%
Magnesium	2%			

Phosphatidyl Choline	-	mg
Phosphatidyl Ethanolamine	-	mg
Phosphatidyl Inositol	-	mg
Linoleic Acid (Omega-6 fatty acid)	598	mg
Linolenic Acid (Omega-3 fatty acid)	239	mg

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carb		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS:

100% Certified Organic:

Buckwheat
Oats
Barley
Rye
Flaxseed & Meal
Almonds
Bee Pollen

Sunflower
Sesame
Rice
Millet
Hemp
Chia

Other Ingredients:

Gluten Free Protein: